



Bachelor of Exercise Science (Domestic students)

Program code	Entry requirements	Prerequisites
1171	65.00	NIL
Available at Gold Coast Campus	ATAR/RANK 2024 (more)	Assumed knowledge Any General or Applied English subject (Units 3&4, C)
Duration 3 to 4 years full-time 6 years part-time 4 years full-time for domestic students starting in Trimester 3 only	Commencing in Trimester 1, Trimester 2 and Trimester 3	One of Biology, Chemistry, Physics or Mathematical Methods (Units 3&4,C)
Credit points 240		
Indicative fee \$12,000.00* per year (more) * 2024 indicative annual CSP fee		

Degree requirements: Students who started Trimester 2 - 2024 Trimester 1 and 2 intakes (Domestic and International students) Trimester 3 intake (Domestic students only)

For Domestic and those International students not required to complete the English Language Enhancement course

For the award of *Bachelor of Exercise Science (BExSc)*, you must successfully complete 240 credit points, made up of the core courses AND

- 20 credit points of listed electives;
- 10 credit points of free-choice elective/s.

You must also complete a recognised First Aid Certificate with CPR (at your own expense).

Other program requirements

You must successfully complete:

- no more than 100 credit points of Level 1 courses (the first digit of a course code denotes the level);
- at least 60 credit points of Level 3 courses or higher.

This degree may be awarded **with Distinction** where a student achieves a minimum program GPA of 6.5 with no failed courses. The words "This award was achieved with Distinction" will be recorded on the testamur.

Australian Qualifications Framework (AQF) Level and Type

The [Australian Qualifications Framework \(AQF\)](#) is the national policy for regulated qualifications in Australian education and training. This qualification is accredited as an AQF Level 7 - Bachelor Degree.

English Language Enhancement

Domestic students enrolled in this program whose first language is not English may complete the following **English Language Enhancement Course** as an elective.

- [5902LHS Language and Communication for Health](#)

Students whose first language is English are not permitted to undertake this course.

Program learning outcomes

Program learning outcomes

Program Learning Outcomes communicate to the community the value of the Griffith educational experience as benchmarked against national qualification standards.

Program Learning Outcomes for this award describe the knowledge, skills and the application of knowledge and skills you will acquire through studying the Griffith program of your choice.

Course list: Students starting Trimester 2 - 2024

Course offering information in program structures is a guide only. Please check the actual offering information in the Course Catalogue.

Note: Students must check the prerequisite and incompatible requirements before selecting any course within this program.

English Language Enhancement course

Students required to undertake the English Language Enhancement course must complete 5902LHS in their first trimester of study. The English Language Enhancement course is to be taken in place of a Free-choice elective in your program.

Trimester	Course code	Requirement	Course title	CP
Tri 2	5902LHS	English Enhancement	Language and Communication for Health	10

Year 1

You must complete the following courses:

Trimester	Course code	Requirement	Course title	CP
Tri 2	1001AHS	Core to Program	Foundations of Exercise and Sports Science I	10
Tri 2	1003AHS	Core to Program	Foundations of Exercise and Sports Science II	10
Tri 1,2	1014MSC	Core to Program	Cells, Tissues, and Regulation	10
Tri 2	1016MSC	Core to Program	Anatomy and Physiology Systems I	10
Tri 3	1008AHS	Core to Program	Introductory Biomechanics	10
Tri 2,3	1002PSY	Core to Program	Introduction to Psychology 2	10
Tri 3	1205MED	Core to Program	Health Challenges for the 21st Century	10
Tri 3	1017MSC	Core to Program	Anatomy and Physiology Systems II	10

Year 2

You must complete the following courses:

Trimester	Course code	Requirement	Course title	CP
Tri 1	2004AHS	Core to Program	Exercise, Health and Disease	10
Tri 1	2006AHS	Core to Program	Neural Basis of Movement	10
Tri 1	2007AHS	Core to Program	Musculoskeletal Biomechanics	10
Tri 1	2010AHS	Core to Program	Musculoskeletal Anatomy	10
Tri 2	2001AHS	Core to Program	Physiology of Exercise	10
Tri 2	2009AHS	Core to Program	Motor Learning and Control	10
Tri 2	2013AHS	Core to Program	Research Methods and Statistics	10
Tri 2			Free-choice elective	10
Tri 1,3	3006AHS	Core to Program	Exercise Science Practicum (see Note 1)	10

Note 1: Students must undertake 3006AHS in Year 2/Trimester 3 or Year 3/Trimester 1.

Year 3

You must complete the following courses:

Trimester	Course code	Requirement	Course title	CP
Tri 1	3004AHS	Core to Program	Clinical Exercise Testing	10
Tri 1	3009AHS	Core to Program	Exercise and Sport Psychology	10
Tri 1	3005AHS	Core to Program	Exercise Programming and Prescription I	10
Tri 1,2			Listed electives	20
Tri 2	3013AHS	Core to Program	Exercise Programming and Prescription II	10
Tri 2	3138AHS	Core to Program	Exercise Sports Nutrition	10

Electives (2 available)

Listed electives

Trimester	Course code	Requirement	Course title	CP
Tri 1	2003AHS	Listed Elective	Sports Coaching	10
Tri 1	3007AHS	Listed Elective	Injury Prevention and Management	10
Tri 1	3011AHS	Listed Elective	Fitness Practicum I	10
Tri 1	3121MED	Listed Elective	First Peoples Health and Practice (not offered from 2025)	10
			courseLineOperator	
Tri 1,2	3121FPH	Listed Elective	Healthcare for Australia's First Peoples	10
Tri 1,2	2018PHM	Listed Elective	Pharmacology	10
			courseLineOperator	
Tri 1,2	2011PHM	Listed Elective	Clinical Pharmacology for Allied Health	10
Tri 1,2	3002LFC	Listed Elective	Community Internship and Partnerships for SDGs	10
Tri 2	3001AHS	Listed Elective	Exercise Science Research Project	10
Tri 2	3008AHS	Listed Elective	Health Practice Management	10
Tri 2	3012AHS	Listed Elective	Fitness Practicum II	10
Tri 2	3601AHS	Listed Elective	Neuromuscular Pathophysiology	10
Tri 2	3535AHS	Listed Elective	Harnessing your employability skills	10
Tri 3	3025MSC	Listed Elective	Essential Skills for the New Health Professional (not offered from 2022)	10

Free-choice electives

You may select free-choice electives from the list below or any **Undergraduate free-choice elective/s** offered across the University provided prerequisites are met. If you require guidance please liaise with your Program Director.

Trimester	Course code	Requirement	Course title	CP
Tri 1,3	1008GBS	Free-choice Elective	Business Decision-Making	10
Tri 1	2309THS	Free-choice Elective	Sport Management Principles	10
Tri 1,2 or 3	2043IBA	Free-choice Elective	Innovation, Creativity and Entrepreneurship	10
Tri 2,3	3029MKT	Free-choice Elective	Self-Marketing	10
Tri 1	3608QCA	Free-choice Elective	Innovation and Entrepreneurship	10
Tri 2	2220THS	Free-choice Elective	Athlete Management Principles	10
Tri 2	3323THS	Free-choice Elective	Sport Marketing	10
Tri 3	3036IBA	Free-choice Elective	The Business of You (not offered from 2022)	10
Tri 3	3037IBA	Free-choice Elective	The Business of Business (not offered from 2022)	10