



Bachelor of Exercise Science (Domestic students)

Program code 1171	Entry requirements 68.00 ATAR/RANK 2022 (more)	Prerequisites Any General or Applied English subject (Units 3&4, C)
Available at Gold Coast Campus	Commencing in Trimester 1, Trimester 2 and Trimester 3	Assumed knowledge One of Biology, Chemistry, Physics or Mathematical Methods (Units 3&4,C)
Duration 3 to 4 years full-time 6 years part-time 4 years full-time for domestic students starting in Trimester 3 only		
Credit points 240		
Indicative fee \$10,500.00* per year (more) * 2022 indicative annual CSP fee		

About this program

You will gain the skills and knowledge in the physical, biomedical and psychological sciences that you will need to become an exercise specialist. You will learn the role of exercise in health maintenance and rehabilitation.

Students undertaking the professional practice placement course will have an opportunity to put their knowledge and skills into practice.

Honours is available through an additional year of study.

Code	Program title	Campus	Intake
1171	Bachelor of Exercise Science (this program)	Gold Coast	Trimester 1, Trimester 2 and Trimester 3
2096	Bachelor of Exercise Science (Honours)	Gold Coast	Trimester 1 and Trimester 2

Progression is dependent upon satisfying admission requirements.

My attendance during the program

Attendance information

The Bachelor of Exercise Science is offered full-time on-campus at the Gold Coast campus.

As a full-time student, you will generally attend 16-22 hours of scheduled classes per week throughout the trimester. Classes may be scheduled during the day and evening throughout the week.

This program includes compulsory study in Trimester 3 for students who commence in Trimesters 2 and 3.

Trimester 3 duration:

Students who commence the program in Trimester 3 will complete the program over four calendar years.

Additional attendance information

3011AHS Fitness Practicum I and **3012AHS Fitness Practicum II** are delivered with TAFE Queensland. All studies are conducted off campus at TAFE Queensland - Gold Coast and at external workplaces. Note, there are limited places available for enrolment in these courses.

Studying amid COVID-19

The University's Mandatory COVID-19 Vaccination or Testing policy is under review and consultation and will be suspended from 14/4/2022, for four weeks. Please visit [Studying amid COVID-19](#) for more information.

Student Income Support

To be classed as a full-time student, you are required to enrol in a minimum number of credit points each standard study period. The minimum credit points for full-time enrolment in this program is 30 credit points.

Trimester 1 and Trimester 2 are deemed standard study periods. As Trimester 3 is a non-standard study period, continuing students moving from one year to the next will not be required to study during this trimester to be eligible for student income support.

Domestic students who commence in Trimester 3 may be eligible for student income support from the onset of study provided they are enrolled full-time in this study period.

Please refer to the [Australian Government website](#) for more details.

Work-integrated learning

Work-integrated learning activities (professional placements) integrate theoretical learning with its application in the workplace. The inclusion of work-integrated learning activities in the degree program demonstrates Griffith's commitment to preparing its graduates for success in their working life.

In this program you will spend time in the work/professional environment undertaking placements at various locations. Placements may be outside of the Brisbane metropolitan/Gold Coast area including northern New South Wales and (by negotiation) interstate or overseas.

My career opportunities

My career opportunities

You will be prepared for work as an exercise specialist for community or sports organisations as a clinical scientist specialising in cardiac; respiratory and sleep medicine; as a rehabilitation, sports or recreation manager; a strength and conditioning coach; or as an occupational health and safety officer.

Program accreditation

Program accreditation

The Bachelor of Exercise Science is accredited by [Exercise and Sports Science Australia \(ESSA\)](#).

Professional recognition

Professional recognition

Upon successful completion of the Bachelor of Exercise Science, graduates will be eligible to apply for Exercise Scientist accreditation with Exercise and Sports Science Australia (ESSA).

Graduates have two years following completion of their studies to submit their application to [Exercise and Sports Science Australia \(ESSA\)](#) for accreditation.

Placement requirements

Professional Practice requirements

There are placements associated with this program and before undertaking professional experience placements, all students in this program are required to have completed the following by the end of their first trimester of study:

- Vaccinations and Health Tests
- Licenses and Certificates
- Online Training
- Health Placement Requirements

Students should refer to the **checklist of professional practice requirements for their Health discipline** on the [Fit for Professional Practice website](#) for full details of the requirements regarding professional placement to ensure that they meet eligibility for placement.

What are the fees?

Commonwealth supported students

- The fee is indicative of an annual full-time load (80 credit points) in a program categorized to one of the Australian Government's broad discipline areas (student contribution bands). A student's actual annual fee may vary in

accordance with his or her choice of majors and electives. The Australian Government sets **student contribution amounts** on an annual basis.

- [Find out more...](#)

Fee-paying undergraduate (domestic) students

These fees are only applicable to domestic students who are not Commonwealth supported including:

- Full-fee paying domestic students who commenced their program prior to 2009.
- International students who have been approved to pay domestic tuition fees after obtaining Australian or New Zealand citizenship or permanent residency or a permanent humanitarian visa and who have not obtained a Commonwealth supported place.

Tuition fees

- A fee-paying undergraduate student pays tuition fees.
- Students are liable for tuition fees for the courses they are enrolled in as at the census date.
- The tuition fee is charged according to the approved program fee for the trimester in which the student is enrolled.
- [Find out more...](#)

FEE-HELP

Eligible undergraduate fee-paying students may defer their tuition fees by taking out a FEE-HELP loan which is part of the Higher Education Loan Program (HELP). Payment of the loan is via the taxation system when income reaches a specified level.

- [Higher Education Loan Program \(HELP\)](#)

Further information

- [Calculating tuition fees](#)
- [Fees and Charges Policy:](#)
 - [Schedule E - Fees for Undergraduate Students \(Non-international\)](#)
- [Financial help and support](#)

Additional fee information

Throughout your program you may be required to pay for the following items:

first aid certificate; immunisations; uniforms; expenses associated with placements such as travel and accommodation, Fit for Professional Practice Placement costs such as Blue Card, Police Check. See [Fit for Professional Practice Placement](#) website for more details.