Bachelor of Exercise Science (Domestic students)

Program code
1171

Available at
Gold Coast Campus

Duration
3 to 4 years full-time
6 years part-time
4 years full-time for domestic students starting in Trimester 3 only

Credit points
240

Indicative fee
$12,000.00* per year (more)
* 2024 indicative annual CSP fee

Entry requirements
65.00
ATAR/RANK 2024
(more)

Commencing in
Trimester 1, Trimester 2 and Trimester 3

Prerequisites
NIL

Assumed knowledge
Any General or Applied English subject (Units 3&4, C)
One of Biology, Chemistry, Physics or Mathematical Methods (Units 3&4,C)

About this program

You will gain the skills and knowledge in the physical, biomedical and psychological sciences that you will need to become an exercise specialist. You will learn the role of exercise in health maintenance and rehabilitation.

Students undertaking the professional practice placement course will have an opportunity to put their knowledge and skills into practice.

Honours is available through an additional year of study.

Code	Program title	Campus	Intake
1171	**Bachelor of Exercise Science (this program)**	**Gold Coast**	**Trimester 1, Trimester 2 and Trimester 3**
2096	Bachelor of Exercise Science (Honours)	Gold Coast	Trimester 1 and Trimester 2

Progression is dependent upon satisfying admission requirements.

My attendance during the program

Attendance information

The Bachelor of Exercise Science is offered full-time on-campus at the Gold Coast campus.

As a full-time student, you will generally attend 16-22 hours of scheduled classes per week throughout the trimester. Classes may be scheduled during the day and evening throughout the week.

This program includes compulsory study in Trimester 3 for students who commence in Trimesters 2 and 3.

Trimester 3 duration:

Students who commence the program in Trimester 3 will complete the program over four calendar years.

Additional attendance information

3011AHS Fitness Practicum I and 3012AHS Fitness Practicum II are delivered with TAFE Queensland. All studies are conducted off campus at TAFE Queensland - Gold Coast and at external workplaces. Note, there are limited places available for enrolment in these courses.

Student Income Support

To be classed as a full-time student, you are required to enrol in a minimum number of credit points each standard study period. The minimum credit points for full-time enrolment in this program is 30 credit points.

Trimester 1 and Trimester 2 are deemed standard study periods. As Trimester 3 is a non-standard study period, continuing students moving from one year to the next will not be required to study during this trimester to be eligible for student income support.

Domestic students who commence in Trimester 3 may be eligible for student income support from the onset of study provided they are enrolled full-time in this study period.

Please refer to the Australian Government website for more details.

Work-integrated learning

Work-integrated learning activities (professional placements) integrate theoretical learning with its application in the workplace. The inclusion of work-integrated learning activities in the degree program demonstrates Griffith's commitment to preparing its graduates for success in their working life, while meeting Exercise and Sports Science Australia (ESSA) accreditation requirements.

In this program students will spend time in the work/professional environment undertaking placements at various locations throughout Australia. Placements may be outside of the Brisbane metropolitan/Gold Coast area including New South Wales, interstate or overseas. Total work placement hours are 140hrs over one Trimester of study.

My career opportunities

My career opportunities

You will be prepared for work as an exercise specialist for community or sports organisations as a clinical scientist specialising in cardiac; respiratory and sleep medicine; as a rehabilitation, sports or recreation manager; a strength and conditioning coach; or as an occupational health and safety officer.

Program accreditation

Program accreditation

The Bachelor of Exercise Science is accredited by Exercise and Sports Science Australia (ESSA).

Professional recognition

Professional recognition

Enrolled students and graduates of this program will be eligible to apply for registration with Exercise and Sports Science Australia (ESSA) subject to meeting any additional requirements that may be stipulated by ESSA. As these requirements may change from time to time, students should contact ESSA to confirm registration requirements.

Graduates have two years following completion of their studies to submit their application to Exercise and Sports Science Australia (ESSA) for accreditation.

Placement requirements

Professional Practice requirements

There are placements associated with this program and before undertaking professional experience placements, all students in this program are required to have completed the following by the end of their first trimester of study:

- Vaccinations and Health Tests
- Licenses and Certificates
- Online Training
- Health Placement Requirements

Students should refer to the **checklist of professional practice requirements for their Health discipline** on the Health Placement Support Hub for full details of the requirements regarding professional placement to ensure that they meet eligibility for placement.

What are the fees?

Commonwealth supported students

- The indicative fee represents the expected average fee for an annual full-time study load (80 credit points). This is based on average study patterns across courses and the Australian Government's broad discipline areas (student contribution bands). A student's actual annual fee may vary in accordance with his or her choice of majors and electives. The Australian Government sets student contribution amounts on an annual basis.
- Find out more...

Fee-paying undergraduate (domestic) students

These fees are only applicable to domestic students who are not Commonwealth supported including:

- Full-fee paying domestic students who commenced their program prior to 2009.
- International students who have been approved to pay domestic tuition fees after obtaining Australian or New Zealand citizenship or permanent residency or a permanent humanitarian visa and who have not obtained a Commonwealth supported place.

Tuition fees

- A fee-paying undergraduate student pays tuition fees.
- Students are liable for tuition fees for the courses they are enrolled in as at the census date.
- The tuition fee is charged according to the approved program fee for the trimester in which the student is enrolled.
- Find out more...

FEE-HELP

Eligible undergraduate fee-paying students may defer their tuition fees by taking out a FEE-HELP loan which is part of the Higher Education Loan Program (HELP). Payment of the loan is via the taxation system when income reaches a specified level.

- Higher Education Loan Program (HELP)

Further information

- Calculating tuition fees
- Calculating your EFTSL
- Fees and Charges Procedure
    - 3.2 - Fees for Undergraduate Students (Non-international)
    - Fees and Charges Schedules
- Financial help and support

Additional fee information

Throughout your program you may be required to pay for the following items:

first aid certificate; immunisations; uniforms; expenses associated with placements such as travel and accommodation, Fit for Professional Practice Placement costs such as Blue Card, Police Check. See Health Placement Support Hub website for more details.