



Bachelor of Exercise Science/Bachelor of Psychological Science (Domestic students)

Program code	Entry requirements	Prerequisites
1421	70.00	NIL
Available at		Assumed knowledge
Gold Coast Campus	ATAR/RANK 2024 (more)	Any General or Applied English subject (Units 3&4, C)
Duration	Commencing in	
4.5 years full-time	Trimester 1, Trimester 2 and Trimester 3	One of Biology, Chemistry, Physics or Mathematical Methods (Units 3&4,C)
9 years part-time		
Credit points		
370		
Indicative fee		
\$11,000.00* per year (more)		
* 2024 indicative annual CSP fee		

Degree requirements: Students who started Trimester 2 - 2024

For Domestic and those International students not required to complete the English Language Enhancement course

For the award of *Bachelor of Exercise Science/Bachelor of Psychological Science (BExSc/BPsychSc)*, you must successfully complete 370 credit points, made up of the core courses AND

- 30 credit points of listed electives.

You must also complete a recognised First Aid Certificate with CPR (at your own expense).

Other program requirements

You must successfully complete:

- no more than 120 credit points of Level 1 courses (the first digit of a course code denotes the level);
- at least 60 credit points of Level 3 courses or higher.

This degree may be awarded **with Distinction** where a student achieves a minimum program GPA of 6.5 with no failed courses. The words "This award was achieved with Distinction" will be recorded on the testamur.

Honours

Further study that leads to the award of **Bachelor of Psychological Science (Honours) (2004)** or **Bachelor of Psychological Science (Honours) (2033)** is available to students who meet the specified requirements for admission to the Honours program.

Australian Qualifications Framework (AQF) Level and Type

The **Australian Qualifications Framework (AQF)** is the national policy for regulated qualifications in Australian education and training. The Bachelor of Exercise Science and the Bachelor of Psychological Science are accredited as an AQF Level 7 - Bachelor Degree.

English Language Enhancement

Domestic students enrolled in this program whose first language is not English may complete the following **English Language Enhancement Course** as an elective.

- **5902LHS Language and Communication for Health**

Students whose first language is English are not permitted to undertake this course.

Program learning outcomes

Program learning outcomes

Program Learning Outcomes communicate to the community the value of the Griffith educational experience as benchmarked against national qualification standards.

Program Learning Outcomes for the **Bachelor of Exercise Science** and **Bachelor of Psychological Science** describe the knowledge, skills and the application of knowledge and skills you will acquire through studying the Griffith program of your choice.

Course list: Students starting Trimester 2 - 2024

Course offering information in program structures is a guide only. Please check the actual offering information in the Course Catalogue.

Note: Students must check the prerequisite and incompatible requirements before selecting any course within this program.

English Language Enhancement course

Students required to undertake the English Language Enhancement course must complete 5902LHS in their first trimester of study. The English Language Enhancement course is to be taken in place of a Listed elective in your program.

Trimester	Course code	Requirement	Course title	CP
Tri 2	5902LHS	English Enhancement	Language and Communication for Health (see Note 1)	10
			OR	
Tri 2		Listed Elective	Listed elective (see Note 1)	10

Note 1: This advice is only for students required to complete the English Language Enhancement course.

Year 1

You must complete the following courses:

Trimester	Course code	Requirement	Course title	CP
Tri 2	1001AHS	Core to Program	Foundations of Exercise and Sports Science I	10
Tri 1,2	1014MSC	Core to Program	Cells, Tissues and Regulation	10
Tri 2	1016MSC	Core to Program	Anatomy and Physiology Systems I	10
Tri 2	1003AHS	Core to Program	Foundations of Exercise and Sports Science II	10
Tri 1,3	1001PSY	Core to Program	Introduction to Psychology 1	10
Tri 3	1008AHS	Core to Program	Introductory Biomechanics	10
Tri 3	1017MSC	Core to Program	Anatomy and Physiology Systems II	10
Tri 2,3	1205MED	Core to Program	Health Challenges for the 21st Century	10

Year 2

You must complete the following courses:

Trimester	Course code	Requirement	Course title	CP
Tri 1	1008PSY	Core to Program	Interpersonal Skills	10
Tri 1	2006AHS	Core to Program	Neural Basis of Movement	10
Tri 1	2010AHS	Core to Program	Musculoskeletal Anatomy	10
Tri 1	2004AHS	Core to Program	Exercise, Health and Disease	10
Tri 2,3	1002PSY	Core to Program	Introduction to Psychology 2	10
Tri 2,3	1003PSY	Core to Program	Research Methods and Statistics in Psychology	10
Tri 2	2001AHS	Core to Program	Physiology of Exercise	10
Tri 2	2009AHS	Core to Program	Motor Learning and Control	10

Year 3

You must complete the following courses:

Trimester	Course code	Requirement	Course title	CP
Tri 1			Listed Elective	10
Tri 1	2007PSY	Core to Program	Biological Psychology	10
Tri 1	2000PSY	Core to Program	Experimental Design and Analysis	10
Tri 1	2007AHS	Core to Program	Musculoskeletal Biomechanics	10
Tri 2	2006PSY	Core to Program	Cognitive Psychology	10
Tri 2	3006PSY	Core to Program	Psychological Assessment of Individual Differences	10
Tri 2	3138AHS	Core to Program	Exercise Sports Nutrition	10
Tri 2	1018PSY	Core to Program	Counselling Skills	10

Year 4

You must complete the following courses:

Trimester	Course code	Requirement	Course title	CP
Tri 1	3004AHS	Core to Program	Clinical Exercise Testing	10
Tri 1	3003PSY	Core to Program	Survey Design and Analysis	10
Tri 1	2015PSY	Core to Program	Developmental Psychology	10
Tri 1	3005AHS	Core to Program	Exercise Programming and Prescription I	10
Tri 2	3009PSY	Core to Program	Abnormal Psychology (offered T1 from 2025)	10
Tri 2	3013AHS	Core to Program	Exercise Programming and Prescription II	10
Tri 2	2008PSY	Core to Program	Social and Cultural Psychology	10
Tri 2	2018PSY	Core to Program	Group Facilitation and Coaching Skills	10
Tri 1,3	3006AHS	Core to Program	Exercise Science Practicum	10

Year 5

You must complete the following courses:

Trimester	Course code	Requirement	Course title	CP
Tri 1	3009AHS	Core to Program	Exercise and Sport Psychology	10
Tri 1	3018PSY	Core to Program	Behaviour Change Skills (offered Tri 2 from 2025)	10
Tri 1			Listed electives	20

Electives (1 available)

Listed electives

Trimester	Course code	Requirement	Course title	CP
Tri 1	2016PSY	Listed Elective	Personality Psychology	10
Tri 1	3033PSY	Listed Elective	Psychological Perspectives on Cultural Diversity	10
Tri 1	2003AHS	Listed Elective	Sports Coaching	10
Tri 1	2004PSY	Listed Elective	Workplace Psychology	10
Tri 1	2085EDN	Listed Elective	Sport Psychology	10
Tri 1	3011AHS	Listed Elective	Fitness Practicum I	10
Tri 1	3121MED	Listed Elective	First Peoples Health and Practice	10
Tri 2	3019PSY	Listed Elective	Cognitive Neuropsychology	10
Tri 1	3005PSY	Listed Elective	Counselling Theory and Practice	10
Tri 1,2	2018PHM	Listed Elective	Pharmacology	10
Tri 1,2	3002LFC	Listed Elective	Community Internship and Partnerships for SDGs	10
Tri 2	2010PSY	Listed Elective	Health Psychology	10
Tri 2	3012PSY	Listed Elective	Adult Development and Ageing	10
Tri 2	3601AHS	Listed Elective	Neuromuscular Pathophysiology	10
Tri 2	3008AHS	Listed Elective	Health Practice Management	10
Tri 2	3012AHS	Listed Elective	Fitness Practicum II	10
Tri 2	3021PSY	Listed Elective	Adolescent Development	10
Tri 2	2220THS	Listed Elective	Athlete Management Principles	10
Tri 3	3036IBA	Listed Elective	The Business of You (not offered from 2022)	10
Tri 3	3037IBA	Listed Elective	The Business of Business (not offered from 2022)	10