



## Bachelor of Exercise Science/Bachelor of Psychological Science (Domestic students)

Program code	Entry requirements	Prerequisites
1421	70.00	NIL
Available at		Assumed knowledge
Gold Coast Campus	ATAR/RANK 2024 ( <a href="#">more</a> )	Any General or Applied English subject (Units 3&4, C)
Duration	Commencing in	
4.5 years full-time	Trimester 1, Trimester 2 and Trimester 3	One of Biology, Chemistry, Physics or Mathematical Methods (Units 3&4,C)
9 years part-time		
Credit points		
370		
Indicative fee		
\$11,000.00* per year ( <a href="#">more</a> )		
* 2024 indicative annual CSP fee		

### About this program

This double degree provides a pathway to practise as a sports psychologist, following further study in psychology.

You will learn how to apply psychological theories to topics such as motivation, stress and health. You will also study the basic and clinical sciences and learn about the exercise response when working in the areas of health, rehabilitation and sport.

#### Exercise Science component

You will gain the skills and knowledge in the physical, biomedical and psychological sciences that you will need to become an exercise specialist. You will learn the role of exercise in health maintenance and rehabilitation.

You may undertake a professional practice placement, which will give you an opportunity to put your knowledge and skills into practice.

#### Psychological Science component

You will learn how to apply psychological theories to topics such as thinking and perceiving, motivation, stress, health, criminal activity, and group behaviour.

You will also learn how to evaluate and understand tests that measure intellectual, behavioural and emotional states. You will develop interpersonal and communication skills and learn about the principles of counselling and core areas of psychology. You will learn how to help people with personal, health, vocational and social difficulties.

You will undertake a professional practice placement to enhance your skills.

### My attendance during the program

#### Attendance information

This program includes compulsory study in Trimester 3 for students who commence in Trimesters 2 and 3.

#### Student Income Support

To be classed as a full-time student, you are required to enrol in a minimum number of credit points each standard study period. The minimum credit points for full-time enrolment in this program is 30 credit points.

Trimester 1 and Trimester 2 are deemed standard study periods. As Trimester 3 is a non-standard study period, continuing students moving from one year to the next will not be required to study during this trimester to be eligible for student income support.

Domestic students who commence in Trimester 3 may be eligible for student income support from the onset of study provided they are enrolled full-time in this study period.

Please refer to the [Australian Government website](#) for more details.

## Work-integrated learning

Work-integrated learning activities (professional placements) integrate theoretical learning with its application in the workplace. The inclusion of work-integrated learning activities in the degree program demonstrates Griffith's commitment to preparing its graduates for success in their working life, while meeting Exercise and Sports Science Australia (ESSA) accreditation requirements.

In this program students will spend time in the work/professional environment undertaking placements at various locations throughout Australia. Placements may be outside of the Brisbane metropolitan/Gold Coast area including New South Wales, interstate or overseas. Total work placement hours are 140hrs over one Trimester of study.

## My career opportunities

### My career opportunities

You may find opportunities as a consultant in sport and exercise behaviour, exercise specialist, rehabilitation adviser or manager, cardiac technician or respiratory scientist. You will also be qualified to work in guidance and health management.

## Program accreditation

### Program accreditation

The Bachelor of Psychological Science is accredited by the [Australian Psychology Accreditation Council \(APAC\)](#).

The Bachelor of Exercise Science is accredited by Exercise and Sports Science Australia ([ESSA](#)).

## Professional recognition

### Professional recognition

As a Bachelor of Psychological Science graduate, you will be eligible for Affiliate Membership of the [Australian Psychological Society](#). Further study is required to qualify for provisional registration as a Psychologist.

Enrolled students and graduates of this program will be eligible to apply for registration with [Exercise and Sports Science Australia \(ESSA\)](#) subject to meeting any additional requirements that may be stipulated by ESSA. As these requirements may change from time to time, students should contact ESSA to confirm registration requirements. Graduates have two years following completion of their studies to submit their application to Exercise and Sports Science Australia (ESSA) for accreditation.

## Placement requirements

### Professional Practice requirements

There are placements associated with this program and before undertaking professional experience placements, all students in this program are required to have completed the following by the end of their first trimester of study:

- Vaccinations and Health Tests
- Licenses and Certificates
- Online Training
- Health Placement Requirements

Students should refer to the **checklist of professional practice requirements for their Health discipline** on the [Health Placement Support Hub](#) for full details of the requirements regarding professional placement to ensure that they meet eligibility for placement.

## What are the fees?

### Commonwealth supported students

- The indicative fee represents the expected average fee for an annual full-time study load (80 credit points). This is based on average study patterns across courses and the Australian Government's broad discipline areas (student contribution bands). A student's actual annual fee may vary in accordance with his or her choice of majors and electives. The Australian Government sets student contribution amounts on an annual basis.
- [Find out more...](#)

### Fee-paying undergraduate (domestic) students

These fees are only applicable to domestic students who are not Commonwealth supported including:

- Full-fee paying domestic students who commenced their program prior to 2009.
- International students who have been approved to pay domestic tuition fees after obtaining Australian or New Zealand citizenship or permanent residency or a permanent humanitarian visa and who have not obtained a Commonwealth supported place.

#### **Tuition fees**

- A fee-paying undergraduate student pays tuition fees.
- Students are liable for tuition fees for the courses they are enrolled in as at the census date.
- The tuition fee is charged according to the approved program fee for the trimester in which the student is enrolled.
- [Find out more...](#)

#### **FEE-HELP**

Eligible undergraduate fee-paying students may defer their tuition fees by taking out a FEE-HELP loan which is part of the Higher Education Loan Program (HELP). Payment of the loan is via the taxation system when income reaches a specified level.

- [Higher Education Loan Program \(HELP\)](#)

#### **Further information**

- [Calculating tuition fees](#)
- [Calculating your EFTSL](#)
- [Fees and Charges Procedure](#)
  - [3.2 - Fees for Undergraduate Students \(Non-international\)](#)
  - [Fees and Charges Schedules](#)
- [Financial help and support](#)